

[Subscribe](#)

[Past Issues](#)

[Translate](#) ▼

[RSS](#) 📡

[View this email in your browser](#)



[UpDoNA Business Support](#)

[President's Message](#)

[Clean Upper Downtown](#)

[Safety and Quality of Life Committee](#)

[New Business Member - CJB Insurance Services](#)

[New Business Member - Stan's Downtown Barbers](#)

[The End of Summer and Beginning of Winter](#)

[Why I Love Living in Denver](#)

[Important Links](#)

[Who We Are / Vision / Mission](#)

[Community Events](#)

Become a Member of Our Community



President's Message: Lisa Pope

Fall is on its way bringing cooler temperatures and fall colors, but there is still plenty of time to enjoy outdoors activities in downtown. The Denver Food and Wine Festival will be held on the Auraria Campus from September 6th-9th. Several Upper Downtown restaurants will be represented. Civic Center Eats will continue its annual food truck lunches at Civic

Center Park every Thursday from 11-2 p.m. through September 14th. UpDoNA will be hosting a table on Thursday, September 7th. Come down, grab lunch, and say hi!

[Read the Full President's Message here...](#)

Clean Upper Downtown

By Carolyn Benton and Kristen Deak

We want to thank everyone that continues to come out on the 1st Saturday of each month (holidays may push to 2nd weekend) to walk our UpDoNA neighborhood with buckets, trash bags, brooms, safety vests and a smile.

We have 4 more Neighborhood Clean Ups this year, each on a Saturday morning starting at 9:00 am for 1 hour.

- **September 9th (2nd Saturday due to Labor Day holiday)**
- **October 7th**
- **November 4th**
- **December 2nd**

Everyone is welcome to participate, families, and singles alike

[Learn all the details here.](#)



Safety and Quality of Life Committee

By Lisa Pope and Rob Squire

As you are probably aware, the top priority for Mayor Mike Johnston is homelessness. This was his primary campaign theme and he hit the ground running, declaring a Homelessness State of Emergency on his first day in office. He has stood up our Emergency Operations Center, normally used for things such as weather emergencies, and has staffed it with 50 city employees working on the problem.

[Read the full article here](#)

**Safety and
Quality Of Life
Committee**

Welcome to Our Newest Business Member

By Carly Ebenstein



I love my work – assisting people with Life and Long-Term Care Insurance.

Life Insurance pays a benefit to a person’s estate when they pass, and there are different types of life insurance and nuances among the different types of plans. Long-Term Care Insurance pays benefits to a person when they experience cognitive decline and/or problems safely performing any 2

of the Activities of Daily Living. Medicare is great, but it is limited to medical services. Long-Term Care Insurance helps people cover the costs of staying at home or living at an Assisted Living Facility without completely draining their finances. The personal connection and fulfillment I get from solving a problem and putting people’s minds at ease is satisfying.

[Read the full article here](#)

Welcome to Our Newest Business Member

By Melissa Matuska

UpDoNA is excited to welcome one of our new business members, Stan’s Downtown Barbers. Founder and owner Stan Martinez is a lifelong resident of Denver. Stan’s has been in business in Downtown Denver since 1983. There are currently 3 locations with a fourth opening later this fall. There are 2 Upper Downtown locations, at 1620 Champa Street and another at 1050 17th Street #B170.



Stan’s offers several men’s grooming services including classic shaves, beard sculpting, and hair cutting. Stan is proud to have created a culture based on customer service and professionalism.

[Read the full article here](#)

The End of Summer and Beginning of Winter

By Jack Murphy

Summer comes to a conclusion after Labor Day Monday, September 4th, at least in many people's eyes. Some folks get ready for fall; football games, soccer, leaves changing colors, and Halloween etc.. Others start thinking about snow.

[Read all the article details here](#)



We love the mountains juxtaposed with UpDoNa.

Photo Credit: Stephen LaMond

Click on any of the images below for more information!



*****UpDoNA has been approved and is now a 501c(3) organization! Your donations are tax-deductible and any donations made previously are tax-deductible retroactively to the date of UpDoNA's founding in 2021.*****

Yes, I want to Donate to UpDoNA!



Who We Are

UpDoNA is a city registered neighborhood organization formed to advocate for the interests of the residents and businesses in Upper Downtown Denver.

Our Vision

To have an Upper Downtown community that is and continues to be one of the most sought-after neighborhoods for residents, businesses and visitors.

Our Mission

To be a partner and advocate for the betterment of the Upper Downtown community and all those who live, work and play here!



[Clean Sustainable Denver](#)

First Saturday of the month (Sept 9th due to Holiday) at 9 AM

Venue: Lobby of Spire at 891 14th St.

Bring gloves, a trash grabber or broom, and a dustpan

[Glam Rock](#)

Every Saturday in Sept.

1601 Arahape Street

[Find Your Inner Rocker](#)

No experience is necessary; Beginner Guitar Musicians Welcome!

Every Wednesday at 7pm

Thompson Denver, 1616 Market Street

[Diego El Cigala: Obras Maestras](#)

September 15th

Paramount Theater, 1621 Glenarm Pl.

[Dazzle Jazz Club](#)

Events weekly

1080 14th Street

For more events, please click [here!](#)

For a complete list of concert and event schedules at the biggest venues around town, visit the following sites:

<https://www.ballarena.com/events-tickets/calendar/>

<https://www.empowerfieldatmilehigh.com/events>

<https://www.paramountdenver.com/event-calendar/>

<https://www.redrocksonline.com/>

<https://www.denvercenter.org/tickets-events/>

For a complete list of Events Around Town, visit [Denver.org](https://www.denver.org)

Volunteers Needed!

We need help to do our work. It takes volunteers to make a volunteer organization run. There are opportunities all over.

- Interested in making downtown life safer and more rewarding? Volunteer for the Safety and Quality of Life Committee
- How about helping to improve the lives of the homeless? Volunteer for UpDoNA Cares
- Would you like to help make our streets clean and attractive? Volunteer for our monthly Community Cleanups with our Clean Sustainable Denver Committee
- Have a writing skill? Write articles for our Website/Newsletter Committee
- Or would you rather help by increasing the influence of UpDoNA. There is power in numbers, and you can be a part of our Membership Committee
- Are you good at organizing? Help arrange social events as a part of our Social Committee
- Do you have a skill or interest in managing organizations? Consider running for our Board of Directors. We have an immediate opening and will be holding an election in April of this year.

We can only do our work with the help of people like you! Please consider offering your services to help us be a more effective and influential association. [Click here to get involved as a volunteer!](#) Every committee I mentioned can use help. Please – Get Involved.



Copyright © 2023 Upper Downtown Neighborhood Association, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

